2065 West Farm Road Stillwater, Oklahoma, 74078 Ph: (405) 649-2504 vetmed.okstate.edu

# "Shaping the Future through Discovery, Education, and Unaparalled Veterinary Care"

## What to expect at my visit?

Welcome to the OSU Veterinary Teaching Hospital. We look forward to meeting you. The Hospital is committed to providing the best possible veterinary medical care with compassion and concern for each animal's problem. The Hospital also serves as a vital resource to practicing veterinarians. Faculty members willingly consult with private practitioners in the interest of animal healthcare. OSU's Veterinary Medical Hospital reaches its goals thanks to faculty members who serve as role models, clients who allow the additional time it takes to teach students in the moment, and veterinarians who refer their patients for specialized treatment.

The Boren Veterinary Medical Hospital provides clinical instruction for the students while offering the finest veterinary care for its animal patients. In addition to the hospital, student-centered surgical services for area animal shelters are provided. Rotations during the senior year include not only the departments within the hospital, but also opportunities at the OKC and Tulsa zoos. The Hospital also prides itself on training interns and residents to become highly skilled board certified specialists.

#### The Mission

OSU's Veterinary Medical Hospital's mission is to educate tomorrow's veterinarians in:

- · The art and science of clinical veterinary medicine
- The importance of professionalism and ethics in the veterinary profession
- · The impact of the human-animal bond upon the pet owner
- The practicing veterinarian's role in educating the public regarding zoonotic diseases and public health safety issues.

#### The Team

- During your visit, you are likely to meet several people involved in patient care. Included in this list are a veterinary specialist, a veterinary resident, a veterinary intern, a veterinary technician and a 4<sup>th</sup> year veterinary student.
- Veterinary Specialist- The AVMA describes a board-certified veterinary specialist as a licensed veterinarian who has completed additional training in a specific area of veterinary medicine and has passed an examination that evaluates their knowledge and skills in that specialty area.

- A board-certified veterinary specialist's expertise complements that of your animal's
  primary care veterinarian. You may be referred to a board-certified veterinary specialist if
  diagnosing or treating your pet's health problem requires specialized equipment and/or
  expertise that your animal's primary care veterinarian does not have.
- It's critical you, your veterinarian, and board-certified veterinary specialist communicate and work together to provide the best care for your pet. (Credit: AVMA)
- **Veterinary Resident-** A veterinary resident is a licensed veterinarian who has elected to pursue additional training to become a veterinary specialist. A resident is supervised by a veterinary specialist. Most residency training programs are three years in duration.
- Veterinary Intern- A veterinary intern is a licensed veterinarian who has elected to
  pursue additional training after graduation. Generally, a one-year education program,
  most often those who enter a veterinary internship program are seeking to advance their
  clinical knowledge and possibly pursue a residency.
- Veterinary Technician- A veterinary technician is a licensed individual whose responsibilities resemble that of nurses in human medicine. Veterinary technicians perform a wide variety of tasks and work under the supervision of a licensed veterinarian.
- 4<sup>th</sup> Year Veterinary Student- A 4<sup>th</sup> year veterinary student has completed 3-4 years of under graduate studies, prior to being accepted into veterinary school. Once accepted into veterinary school, students spend three years in a classroom setting. During their 4<sup>th</sup> year (and final year) of vet school, students rotate through clinical rotations within the teaching hospital.

## **The Appointment Process**

• Please arrive for your appointment on time, or 10-15 minutes in advance to complete admission paperwork. Once you have been entered into our system, a fourth year veterinary student will meet you in the lobby and escort you to an examination area. At this time, the fourth year student will collect a history regarding your pet's overall health/illness and perform a physical examination. The student will then leave the room and discuss his/her findings with one of the doctors overseeing the case. In some departments of the hospital, this may be an intern or a resident. After the student and doctor discuss his/her history and physical examination findings, both will return to the examination room. At this time there may be follow-up questions and the veterinarian will perform a physical examination. The veterinarian will discuss his/her findings and recommendations with you. An estimate for the requested testing will be presented and explained at this time (if applicable). The veterinarian will also try to provide you with a general time frame for the completion of diagnostics.

#### **Fasting**

- We will frequently ask that patients be fasted (have no food) prior to their appointment.
  This is for several reasons. Many blood samples require fasting to prevent interference of
  elevated post-meal fat levels. If sedation or anesthesia are required, fasting will reduce the
  risk factors involved with these procedures.
- Finally, some imaging diagnostics, such as ultrasound, can be impossible to perform if
  there is a large amount of food or gas in the stomach. In some instances, we prefer the
  patient not be fasted because it could affect medications, such as diabetics. All patients
  should always have access to fresh water at all times. We will never ask you to remove
  your pets' water.
- If you are unsure about if your pet should be fasted prior to their appointment, please ask our customer care representatives for further assistance.

## **The Diagnostic Process**

- Blood and urine samples can be collected relatively quickly in most cases. Some samples
  are analyzed in our hospital, but frequently we have to mail samples to outside specialty
  laboratories for very specific testing.
- We are very fortunate to have a wide array of diagnostics available (endoscopy, ultrasound, CT scan, MRI and others) in our hospital. We are also very fortunate to have specialists to help support these areas such as radiology and anesthesiology. This allows us to perform the highest quality testing in the safest manner possible. Since our primary goal is to provide these tests in the safest manner possible, it is frequently not possible to perform all testing in the same day and many advanced tests are scheduled for the following day.
- Following testing, some patients are able to be sent home the same day. Other, more ill or critical patients, may require hospitalization.
- Please be mindful that it does take time to perform many of these diagnostics. For this
  reason, even outpatient appointments can take several hours. Again, a time estimate will
  be provided to you at the time of the consultation.

#### Cost

 The cost of care is dependent on what problems are present with your pet and what testing and treatments are needed. We will discuss the expected cost with you in detail at the time of the consultation.

### The Hospitalization Process

- Patients who are ill and require supportive care, such as IV fluids, will be placed in our critical care unit (CCU). Here, patients receive 24-hour care by a staff of fourth year veterinary students and veterinary technicians. A veterinarian is always in the building in the event of an emergency. Should there be a concern with a patient, the veterinarian overseeing the patient's case is contacted (day or night) and an adjustment in the plan made. Should an emergency arise, the veterinarian in the building will immediately begin stabilization procedures as the clinician overseeing the case is contacted. You, the care-giver/owner, will also be contacted as soon as possible.
- General updates are provided at least twice daily. You will be contacted in the morning and again in the afternoon/evening by either the fourth year veterinary student and/or the veterinarian in charge of the case. You will be updated on your pet's progress as well as the plan for the day. Should problems arise, you will be contacted as soon as possible and notified of the situation.
- We try to provide your primary care veterinarian with daily updates, as well. This is to keep him/her up to date on our findings and the progress of your pet. Again, they are an important component of the treatment team and we want to ensure that they are kept abreast of the situation.

## **The Discharge Process**

- The discharge process is similar to the appointment process. The fourth year veterinary student will present our findings and recommendations to you and go over any medications or instructions to you at this time. They will attempt to answer any questions that they can. After he/she has discussed everything with you, the veterinarian will then discuss the findings with you and ensure that you do not have any further questions that have not been answered. If tests are not completed at the time of discharge we will contact you with that information once it becomes available.
- All patients presenting to the OSU Veterinary Medical Hospital will be provided with written discharge information and case summaries. If this information is not available to you at the time of discharge, it will be emailed or mailed to you as soon as it is complete. This process is almost always completed within 24 hours or less.

### The Follow-up Process

 Depending on the nature of your pet's illness, some follow-up at OSU may be recommended/required. Whenever possible, we try to coordinate follow-up with your primary care veterinarian. The frequency of follow-up will greatly depend on your pet's underlying illness and response to treatment.